

Comprehensive Pre- and Post-Op Psychological Education for Optimal Long-Term Success! Steven J Little Business Manager (706) 364-5228

Connie Stapleton, PhD
Author of Eat It Up! and Thriving!
(706) 414-2144

2820 Hillcreek Drive #A Augusta, GA 30909

Benefits of **MindPrep**[™] to Your Practice and Your Patients:

- You will enjoy personal and programmatic assurance that your patients are receiving thorough preparation for emotional and behavioral health success prior to surgery, along with structured, helpful, aftercare information.
 - Your program may require patients to see a mental health professional prior to surgery and may even recommend or require ongoing therapy for some patients. MindPrep is an adjunct service which addresses critical information that benefits all your patients.
 - The mental health professionals you work with can utilize MindPrep as a tool to use with patients, thereby enhancing the patients' preparatory experience.
 - Your support group leaders can use MindPrep to promote healthy discussion amongst patients related to the topics and "homework" for each video.
- Your willingness to provide this video series demonstrates your care for patients' long-term, whole-person success success to last their lifetime.
- Providing this complete mental health preparatory and aftercare program sets your practice apart from other programs, enticing potential patients to select your program over another and to recommend your practice to other potential patients.
- Patients who more effectively deal with the emotional aspects of recovering from obesity will more likely maintain weight loss, which means increased numbers of successful outcomes for you.
- Your program can take pride in providing patients a more thorough understanding of the entire process associated with weight loss surgery. This translates to knowing you are helping them meet their long-term goals of sustained weight loss and improved quality of life.
- ❖ Patients will have continued access to these videos and can watch them repeatedly, particularly if they are experiencing difficulties over time. Having this resource available **keeps your patients connected to your program and can increase the number of referrals** to your Center.
- Your staff will benefit from having a more thorough understanding of the emotional and mental health issues many patients struggle with by watching the videos themselves. This translates to increased sensitivity by staff toward patients, which, in turn, leads to additional patient referrals to your practice.